



**#BCEHLAAAHOCKEY**



**North Island Silvertips U15  
ID Camp - April 22-24  
Nanaimo Ice Centre #2**



<b>Friday, April 22, 2022</b>		
6:00 PM	6:30 PM	2009 birth year - player registration
6:30 PM	7:00 PM	2009 birth year - prep for ice session
6:30 PM	7:00 PM	2008 birth year - player registration
7:00 PM	7:30 PM	2009 birth year - on ice checking clinic
7:00 PM	7:30 PM	2009 birth year - prep for ice session
7:00 PM	8:00 PM	Meet the GM - NIC Lounge
7:30 PM	8:45 PM	Practice #1
<b>Saturday, April 23, 2022</b>		
11:00 AM	11:30 AM	Prep for ice session
11:30 AM	1:00 PM	Practice #2
1:30 PM	2:00 PM	Nutritional Break - Pita Pit (provided)
2:00 PM	3:00 PM	Break
3:00 PM	5:30 PM	Fitness Testing - NIC #1 dry floor
5:30 PM	6:00 PM	Prep for ice session
6:00 PM	8:00 PM	Game # 1
<b>Sunday, April 24, 2022</b>		
8:45 AM	9:15 AM	Prep for ice session
9:15 AM	11:15 AM	Game # 2

